

# HEAD COACH BOB NELLIGAN

**29TH SEASON AT MARYLAND • MASSACHUSETTS '72  
1999 NCAA SOUTHEAST REGION COACH OF THE YEAR**



Bob Nelligan enters 29th season at the helm of the Maryland gymnastics program. In that time, Nelligan has been the driving force behind the Terps' success. Affectionately called "Duke," his love for the sport and for his athletes is unique in today's world of gymnastics and has earned him the respect of his pupils and peers.

"Duke is one of the most passionate and caring coaches I know. He absolutely loves to be in the gym teaching and coaching," said assistant coach Vicki Chlisczyk. "His energy is evident in each and every

practice and the entire team knows that Duke will be there to support them in any situation. Duke knows how to make each practice exciting and fun!"

With a lifetime coaching record of 459-388-4, Nelligan has witnessed and adapted to the numerous changes that collegiate gymnastics has undergone. As gymnasts have gotten stronger, so has Nelligan's recruiting of the top gymnasts in the country. During Nelligan's career with the Terps, they have qualified for the NCAA Southeast Region Championships 14 times, including six consecutive times from 1983 to '89 and four consecutive times from 1998-2001. In recent years, the Terps have moved closer to qualifying for the NCAA Championship meet.

Prior to the Terps' entrance into the Southeast Region in the 1983-84 season, the Terps competed in the East Region and qualified for the championships four of the seven seasons that they were members. Nelligan has the respect of all of his colleagues at Maryland and nationwide, and is recognized as one of the top gymnastics coaches in the country. In 1999 Nelligan was acknowledged for his contributions to collegiate gymnastics when he was honored as both the East Atlantic Gymnastics League Coach of the Year and Southeast Region Coach of the Year, the first awards he had received in a prestigious career.

Maryland's level of success is only achieved through a strict regiment of training and conditioning, which Nelligan implements on a year-round basis. Nelligan is constantly striving to be the best and expects his gymnasts to do the same, both in athletics and academics. Last season, in addition to having three All-EAGL first team selections and five All-EAGL second team selections, Maryland had eleven gymnasts earn All-EAGL academic honors. Nelligan is responsible for ensuring that this level of success is constantly maintained. He is the Maryland Terrapin team leader and the dedication and enthusiasm of the Terrapin gymnasts is a direct reflection of Nelligan's attitude and work ethic.

"Duke is one of the most technical coaches in all of collegiate gymnastics. His passion for the sport and support for his athletes is unrivaled. My father has done so much for me throughout my gymnastics career, it is a complete honor to be able to assist him with his," said assistant coach and son Brett Nelligan.

Even though his work with the gymnastics team consumes most of his time throughout the year, Nelligan still finds time to focus his energies on several other projects. He assists the Director of the Maryland Gymkana Troupe, the only touring exhibitional gymnastics troupe in the country. They perform nationwide and have become a main attraction on the Maryland campus. Nelligan is also the co-founder of the Maryland Gymkana Camp and on numerous occasions has been a guest lecturer in the College of Health and Human Performance Department. He is also a director and master staff member at the Woodward Gymnastics Camp in Woodward, Pa. and is a member of the National Association of Collegiate Gymnastics Coaches, the U.S. Elite Coaches Association and the chairman of the first NACGC ethics committee. Nelligan has also taught numerous classes regarding athletics and is striving to take athletics to another level through his pioneering of a wellness program for all of the varsity athletes at Maryland. This program is currently in the process of being implemented to select track and field athletes and will ensure that athletes achieve their highest potential through the best means possible.



**THE NELLIGAN FAMILY: BRETT, KELSEY, BOB AND CHRIS**

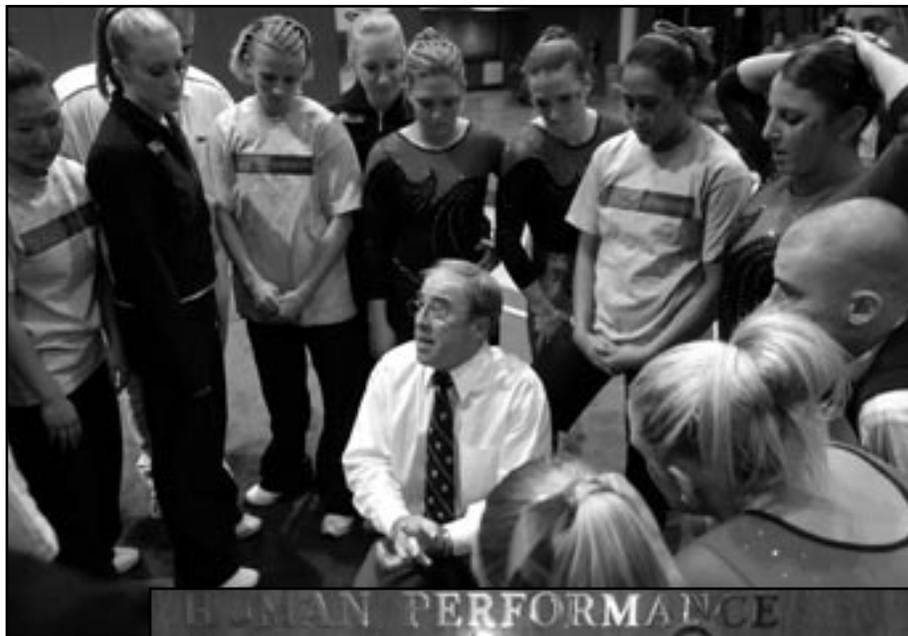


**NELLIGAN  
YEAR-BY-YEAR**

Year	Record	Pct.
1979	11-7	.611
1980	11-14	.440
1981	9-7	.563
1982	19-6	.760
1983	10-13	.434
1984	19-14	.575
1985	17-22	.436
1986	12-17	.414
1987	18-10	.643
1988	17-12	.586
1989	20-11-1	.641
1990	6-7	.462
1991	15-17	.469
1992	11-24	.314
1993	20-12	.625
1994	13-24-1	.355
1995	23-14	.626
1996	25-24	.510
1997	11-19	.366
1998	22-18	.550
1999	29-13	.674
2000	19-12	.613
2001	19-10	.704
2002	21-9	.700
2003	15-12-1	.554
2004	13-16	.448
2005	18-12-1	.597
2006	16-12	.571
<b>Total</b>	<b>459-388-4</b>	<b>.542</b>

**IN THE EAGL**

Year	EAGL	Place/Score
1996	4-4	4th/189.900
1997	1-8	7th/191.775
1998	3-6	4th/192.675
1999	5-4	2nd/195.475
2000	4-1	3rd/195.050
2001	3-2	2nd/195.875
2002	6-1	3rd/194.825
2003	5-5	4th/195.775
2004	3-7	5th/196.025
2005	5-4	T-2nd/195.200
2006	7-3	5th/194.175
<b>Totals</b>	<b>46-45</b>	



Originally from Braintree, Mass., Nelligan has more than 30 years of gymnastics experience. Prior to accepting the position of head coach at Maryland for the 1978-1979 season, Nelligan worked in various capacities at the Masters School in Dobbs Ferry, N.Y. From 1973 to 1978 he was a physical education instructor at the Masters School and also coached several teams, including gymnastics, lacrosse and softball. In addition to these responsibilities, Nelligan was named the Chairman of the Physical Education Department in 1975 for the Masters School. From 1972 to 1973 Nelligan coached at the Marvateens Gymnastics School in Rockville, Md., and before that was an instructor and coach at the Weymouth South School in Weymouth, Mass. Nelligan received his B.S. in physical education from the University of Massachusetts in 1971.

Nelligan and his wife, Chris, have two children; Brett and Kelsey. Brett is an assistant coach and the recruiting coordinator of the Maryland gymnastics team and Kelsey is a member of the team.

# VICKI CHLISZCZYK

**ASSISTANT COACH • SECOND YEAR AT MARYLAND  
YORK UNIVERSITY '01**



Vicki Chliszczyk returns for her second season as assistant coach of the Maryland gymnastics team. Chliszczyk primarily coaches balance beam, but also assists on all events, routine construction and spotting. In her first season, she is credited with raising both the beam lineup's confidence and level of difficulty. Some of her other duties include selecting team apparel and coordinating travel arrangements. This year she is the lead person organizing the EAGL Championships.

Head coach Nelligan describes Chliszczyk's biggest contribution to the team last season as unseen; "She quickly gained the team's respect, because of her dedication, fairness and support. The team knows she is pulling for them."

Chliszczyk studied with the Ontario Gymnastics Federation and completed an intensive national coaching certificate program. The in-depth training system teaches coaches how to develop athlete's skills and adequately spot them. Coach Nelligan believes Chliszczyk has done an excellent job transitioning into Maryland gymnastics, "She has adapted well with our system and will continue to grow with it while adding her own ideas. She is a teacher and knows how to mold gymnasts."

Chliszczyk spends her summer working at the prestigious Woodward Gymnastics Camp in Pennsylvania. She has been one of the gymnastics program directors for the last three years and affiliated with the program since 1996. Some of her duties include scheduling, coaching and conducting clinics to visiting coaches. At Woodward, she manages a gymnastics staff of 30 coaches and over 3000 gymnasts, including many on the elite level.

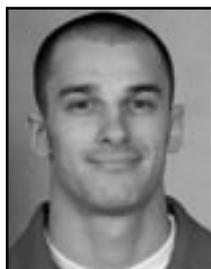
A 20-year member of the Milton Springers gymnastics club in Milton, Ontario, Chliszczyk, competed in the Provincial Championships for 10 consecutive years (1989-2000). The Milton Springers Club dedicated an award in her name, "The Vicki Chliszczyk Award for Dedication", given at the end of the year to the most dedicated athlete.

A native of Ontario, Canada, Chliszczyk earned a bachelor's degree in Philosophy at York University in 2001. Her parents and brother, Chris, reside in Ontario, Canada.



# BRETT NELLIGAN

**ASSISTANT COACH / RECRUITING COORDINATOR  
FOURTH YEAR AT MARYLAND • MASSACHUSETTS '03**



Brett Nelligan enters his fourth season as assistant coach of the Maryland gymnastics team after joining the coaching staff in July 2003. Nelligan is responsible for coaching vault and floor exercise, the two most consistent and highest-scoring events for Maryland last season. He is also relied on for his spotting abilities that are crucial to the team's success.

Head coach Bob Nelligan said, "During his four-year tenure, vault and floor have been our most stable events and those events are where we posted some of our highest totals." Nelligan also describes Brett as a technician, "He understands the mechanisms of where the sport is going. With Brett you are seeing the emergence of a national coach."

In addition to coaching, Nelligan is credited with securing the Terps' most talented recruiting classes ever with the 2007 freshmen class, which have won six Junior Olympic national championship titles combined. His recruiting success helped him earn the title of recruiting coordinator in May 2006. Nelligan's father, head coach Bob Nelligan, believes what makes Brett a good recruiter is his believability. "He is selling something that he believes in, his father and the Maryland gymnastics system. He also goes out recruiting with a plan to bring in the highest ranked athletes."

A 2003 graduate of the University of Massachusetts with a degree in sport management, Nelligan competed three years of gymnastics for the Minutemen, serving as co-captain one year. An accomplished gymnast himself, Brett regularly made line-up on vault, floor exercise, high bar and pommel horse. On vault, he placed in the top ten at the NCAA Championships and third at the ECAC Championships. He was also an Academic All-American and aided his team in winning two ECAC Championships. A versatile athlete, Brett turned to diving after the UMass gymnastics program was cancelled, and witnessed the team achieve its third straight Atlantic-10 title.

In recent years, Nelligan has spent his summers coaching at several gymnastics camps, including the University of Georgia, University of New Hampshire, University of Arizona, University of Rhode Island, University of Maryland Gymkana Gymnastics Camp, Woodward Gymnastics Camp, and at the U.S. Gymnastics Training Center in Holyoke, Mass.

Brett currently resides in Laurel, Maryland and enjoys the opportunity to work with his father, head coach Bob Nelligan, and his sister Kelsey, a gymnastics team member.

